

BC BUZZ

NEWSLETTER - SEP - 2024



Bethany Care - where your life and your choice matters



A WORD FROM THE MANAGER...

Dear Readers.

I am excited to share the latest updates and developments within our Bethany family. Our mission to support participants in living as independently as possible remains at the heart of everything we do. With this in mind, we've continued to enhance the living conditions in our Supported Independent Living (SIL) residences, ensuring that each participant feels at home in a safe, comfortable, and supportive environment.

We're also thrilled to announce that we've added more fun and engaging activities during our Club BC sessions. These activities not only promote social interaction but also encourage personal growth and enjoyment, making Club BC the highlight of the week for many of our participants.

In line with our commitment to improving services, we have upgraded the Bethany fleet, providing enhanced transportation options for our participants. This upgrade ensures greater convenience, safety, and comfort, making travel more accessible for everyone.

Lastly, it is with great joy that I announce we have successfully passed our recent NDIS audit. This achievement is a testament to the hard work, dedication, and commitment of the entire Bethany Care team. I want to extend my heartfelt thanks to every staff member for their efforts in maintaining the high standards that continue to support our participants in living fulfilling, independent lives.

Thank you all for being part of this wonderful community, and we look forward to even more exciting developments ahead.



Warm Regards **7dris**

COME FLY WITH ME...



Bethany participants recently enjoyed an engaging airport flight role play as part of our Club BC Tuesday program. They navigated passport control, security screening, check-in, and seat allocations, making the activity both enjoyable and educational. The flight simulation, guided by Captain Hay, provided a safe and scenic journey. Participants were thrilled to experience the various aspects of air travel in a fun and controlled environment. The role play not only offered a hands-on learning opportunity but also helped build confidence and understanding of the airport procedures.

We're excited to "fly" to another destination next term, and we look forward to more such immersive and educational experiences that combine learning with fun!



NEW VEHICLE—KO-KO

We are delighted to share some exciting news with our community!

Bethany has recently acquired a 4-cylinder Toyota Estima Welcab, a vehicle that promises to significantly enhance our operations and service delivery.

This remarkable vehicle is not only versatile and spacious, comfortably seating seven passengers, but it also stands out for its thoughtful and inclusive design.

The Toyota Estima Welcab is equipped with additional space and specialized features to accommodate wheelchair users, ensuring that all our participants can travel comfortably and safely.

This acquisition underscores our unwavering commitment to inclusivity and accessibility, allowing us to better serve our community's diverse needs.

With this new addition to our fleet, we are looking forward to many safe, enjoyable, and memorable journeys together.

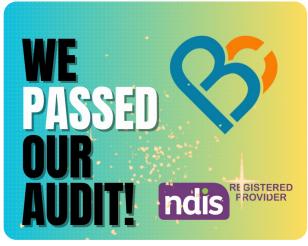
Whether it's for group outings or daily transportation needs, the Toyota Estima Welcab is set to make a positive impact on our operations and the experiences of those we serve.



BETHANY CARE ACHIEVES MILESTONES: SUCCESSFULLY PASSES STAGE 2 NDIS AUDIT

Bethany Care is thrilled to announce a significant milestone in our journey of providing exceptional care and support. We have successfully passed the Stage 2 NDIS audit, reaffirming our commitment to delivering high-quality services to our participants.

A Testament to Quality and Dedication, the Stage 2 NDIS audit is a rigorous process that evaluates an organization's compliance with the NDIS Practice Standards. Passing this audit demonstrates that Bethany Care meets the highest standards of service delivery, ensuring that our participants receive the best possible care and support. For our participants and their families, this achievement provides assurance that Bethany Care operates with integrity, transparency, and a focus on con-



tinuous improvement. It means that our services are not only compliant with national standards but also tailored to meet the unique needs of each individual we support.

This accomplishment would not have been possible without the dedication and hard work of our entire team. From our frontline support workers to our administrative staff, everyone played a crucial role in ensuring that we meet and exceed the expectations set by the NDIS. Passing the Stage 2 NDIS audit is just the beginning. Bethany Care is committed to ongoing improvement and innovation in our services. We will continue to strive for excellence, ensuring that our participants receive the highest quality of care and support.

Thank You

We extend our heartfelt thanks to our participants, their families, and our staff for their unwavering support and trust. Together, we will continue to build a brighter future for everyone in our community. For more information about our services and how we can support you, please visit our website or contact us directly.

DISABILITY FRIENDLY ACTIVITIES ON THE GOLD COAST

The Gold Coast, with its sun-kissed beaches and thriving urban landscape, represents more than just a holiday destination; it's a testament to Australia's commitment to inclusivity. Disability-friendly activities are not merely a token gesture but a fundamental aspect of ensuring that the beauty and excitement of the region are accessible to everyone. As an international travel hub, it's crucial for the Gold Coast to lead by example in this area, ensuring that visitors, irrespective of their physical abilities, can immerse themselves fully in the experiences the region offers. Promoting and ensuring disability-friendly activities not only upholds the principles of equality and respect but also enriches the tapestry of experiences for all visitors. It sends a powerful message that everyone is valued and deserves equal opportunities to explore, enjoy, and make memories. The locations and activities listed in this guide are our top picks for fun and inclusive activities for all!

Sea World

Located at Sea World Dr, Main Beach QLD 4217

Phone: +61 7 5588 2222

Dive into an underwater adventure at Sea World. As one of Australia's premier marine parks, Sea World ensures that visitors of all mobility levels can marvel at marine life, enjoy thrilling rides, and catch captivating shows. Wheelchairs are available for hire, ensuring a seamless experience.

Mobility Friendly: Yes

Wheelchair Access: Yes. Wheelchairs are available for hire, and many of the exhibits and shows are wheelchair accessible.



SkyPoint Observation Deck

Located at 9 Hamilton Ave, Surfers Paradise QLD 4217

Phone: +61 7 5582 2700

Ascend to new heights and embrace panoramic views of the Gold Coast from the SkyPoint Observation Deck. This iconic location offers breathtaking sights and is fully equipped for visitors with limited mobility.

Mobility Friendly: Yes

Wheelchair Access: Yes. The observation deck provides panoramic views of the Gold Coast and has wheelchair accessible facilities.



Currumbin Wildlife Sanctuary

Located at 28 Tomewin St, Currumbin QLD 4223

Phone: +61 7 5534 1266

Step into Australia's rich biodiversity at Currumbin Wildlife Sanctuary. Meet native wildlife, explore rainforests, and navigate accessible pathways in a naturally stunning environment.

Mobility Friendly: Yes

Wheelchair Access: Yes. The sanctuary offers paths that are wheelchair friendly, and wheelchairs can be rented from the sanctuary. However, some areas might be more challenging to navigate.



4. Gold Coast Botanic Gardens

Located at 230 Ashmore Rd, Benowa QLD 4217

Phone: +61 7 5581 6984

Nestled in Benowa, the Gold Coast Botanic Gardens offer a serene space to reconnect with nature. With wheelchair-friendly pathways, it's a haven of tranquility for all visitors.

Mobility Friendly: Yes

Wheelchair Access: Yes. The gardens have paved pathways that are suitable for wheelchairs, offering a serene environment to enjoy nature



5. Broadwater Parklands

Located at Marine Parade, Southport QLD 4215

Phone: +61 7 5581 6984

Experience urban recreation at its best at Broadwater Parklands. This expansive green space ensures every visitor, regardless of mobility, can enjoy its amenities.

Mobility Friendly: Yes

Wheelchair Access: Yes. This urban park has well-maintained paths suitable for wheelchairs, and the Rockpools water playground area is also accessible.



Empowering Lives: Understanding NDIS Rights for People with Disabilities

Living with a disability can bring unique challenges, but the National Disability Insurance Scheme (NDIS) is designed to provide essential support and empower individuals to lead fulfilling lives. Understanding your rights under the NDIS is crucial to making the most of the services and opportunities available.

What is the NDIS?

The NDIS is a national scheme that provides funding for necessary and reasonable supports to Australians with a disability, their families, and carers. It aims to help individuals achieve their goals, increase their independence, and participate in the community.

Key Rights Under the NDIS

Choice and Control

- Personalized Plans: Participants have the right to create a plan tailored to their specific needs and goals.
- Service Providers: You can choose your service providers and change them if they do not meet your
- expectations.

Access to Information

- Transparency: Participants are entitled to clear and accessible information about the NDIS, including how
 decisions are made and what supports are available.
- Support Coordination: Assistance is available to help navigate the system and connect with services.

Respect and Dignity

- Equal Treatment: Every participant should be treated with respect and dignity, without discrimination.
- Privacy: Your personal information must be handled confidentially and respectfully.



Participation and Inclusion

- Community Involvement: The NDIS supports participation in community activities, employment, and education.
- Advocacy: Participants have the right to seek advocacy services to help them understand and exercise their rights.

Maximizing Your NDIS Plan

- Set Clear Goals: Define what you want to achieve with your NDIS support.
- Stay Informed: Keep up-to-date with any changes to the NDIS and your rights.
- Seek Support: Utilize support coordinators and advocacy services to help you navigate the system.

Conclusion

The NDIS is a powerful tool designed to support people with disabilities in Australia. By understanding your rights and how to access and utilize the NDIS, you can take control of your journey towards greater independence and a more inclusive life. Remember, we are there to support you every step of the way.

Feel free to reach out if you have any questions or need further assistance with your NDIS plan. Empowerment starts with knowing your rights and making informed choices.

BC CAMP 2024 COMING SOON

Bethany is delighted to announce that this year's BC Camp will take place in the stunning surroundings of the Queensland Conference and Camping Centres (QCCC) at Tamborine Mountain. The camp, which is already fully booked, is set for later this month, and anticipation is building!

Nestled in the heart of nature, the camp offers a picturesque setting perfect for a variety of engaging activities. Participants can look forward to outdoor adventures, team-building exercises, workshops, and much more. Bethany's camps are renowned for providing fantastic opportunities to strengthen community bonds, make new friends, and create lasting memories.





About us...

BC OFFICE TEAM

Service Manager Idris Akintola

Assistant Manager Teressa Athanasius

Operations Manager Brian Lynch

House Coordinator

House Coordinator Bola Adeleye

Finance Coordinator Caron Quilliam

Support Coordination Dami Omolabi

BOARD OF DIRECTORS

Chairperson
Pastor Justin Reid

Treasurer Amy Leong

Director Peter Dokmanovic

Director Helen Karena

Director
Josie Sproul

WE VALUE YOUR FEEDBACK



If you have any feedback on what we are doing well or how we can do things better, please contact us. This may include any comments or suggestions about any aspect of Bethany service delivery, for example, policy recommendations. Please contact us to share your views. Your input is important to us.

You can provide your feedback through the following channels:

- by post Bethany Care Limited, PO Box 35 Varsity Lakes Q 4227
- email enquiries@bethanycare.org
- phone 5551 0276
- website www.bethanycare.org, click on "contact us"

JOIN US AT HOPE CHURCH

Bethany is a ministry of Hope Church and extends a warm invitation to all individuals & families to join in its dynamic services community events.

Please visit

https://www.facebook.com/hopechurchgc or https://www.instagram.com/hopechurchaustralia for updates.







SERVICE & ACTIVITIES

- Club BC Tuesday A fun filled centre based day where anything can happen from a Fiesta themed party to indoor Olympics, homemade baking and a variety of creative projects.
- Club BC Thursday A day of action and adventure out in the community. Whether it is activities in a park or exploring new places everyone has fun.
- BC Bowling Every Saturday our BC team of bowlers heads off for a morning of friendly competition. There is room for you on the team.
- BC @ Hope Church Participants are always welcome to join the Sunday morning church service at Hope Church
- BC Camps Our annual 4 day camp is held every September. Most campers and carers say it's the highlight of their year.
- Assistance with Self-Care Activities We have a team of experienced and trained carers who provide one on one support to help you reach your goals whether in your home or in the community
- Supported Independent Living Bethany Care has three SIL homes, Yodelay & Barrier Reef for the men and Maidenhair for the women.
- Short Term Accommodation Hope Cottage available for short stays in a purpose built modern home.
- Support Coordination Do you need assistance with coordinating all your NDIS supports? Bethany Care has an
 excellent and experienced Support Coordinator who is available to assist you to navigate your way through
 the NDIS.