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Our focus at Bethany is to provide quality support services to people with disabilities and their families on the Gold Coast. We want to do what we do well, and action this from our shared belief, that all people are of the highest value, and deserve genuine love and support to meet their goals, and live their best life.



A WORD FROM BETHANY'S MANAGER

DEAR FRIENDS

As you will see from this edition of BC Buzz there has been so much going on over the past few months. I was thrilled that despite the ongoing challenges of COVID we were able to hold our annual camp. All who attended came back reporting they had a fantastic time. We have also had the opportunity to rebrand and I'm loving the new blue and orange BC heart that is appearing everywhere. We are now beginning to see some real progress with the rebuild of Hope Cottage. With plans finalised and permits in place, demolition has begun. We are hopeful that the new SIL and short term accommodation home will be up and running for July of next year.

I am reminded this week of the amazing work of all people, whether voluntary or paid, who provide support, care and assistance to people with a disability. We are currently celebrating National Carers week where it is an opportunity to recognise all the 2.65 million carers who work throughout Australia. I am sure you will agree that we have some remarkable carers on our team at Bethany Care. We acknowledge that being a carer for your loved one has many rewards but at times can be difficult. We want you to know we are here to support you and are only a phone call or email away.



Kind Regards

Penelope

WE HAVE A NEW LOGO!

Bethany is pleased to announce that we have a new official logo.

The design was selected from 115 submissions from graphic designers all over the world in an online competition. As a basic brief, we wanted a heart shape and the letters BC present in the design.

In time, the logo and colour branding will permeate our documentation, signage and even apparel.

Thanks everyone....we hope you like it as much as we do!



02 Logo



TOOWOOMBA — CAMP BC REPORT

DAY 1

With anticipation, we set off with Maxine and Barry from Australian Sunset Safaris driving, with Spotty following behind. Arriving in Toowoomba, we were warmly welcomed at the Koojarawon camp. We noticed the dip in temperature, but made sure our beds were made up nice and warm for our first night of camp. The afternoon activity was so much fun, making box fortresses and shooting them down with giant slingshots. It was a great team building exercise, which entertained us all. After a lovely dinner, we retired to bed, tired but content.



DAY 2

The day started with a delicious breakfast before heading to the Spring Bluff Railway station. The flowers were in full bloom as we ambled around this quaint, historic railway before continuing on to the Cobb and Co Museum.

Fantastic slices of history were found here and we had a tour around all the different areas, with many enjoying the interactive science room.

Another busy day, but it was not over yet! We had the Flower Power Disco to attend after dinner. We got all dressed up and helped each other get ready. It was a great evening of dancing, with everyone having an amazing night!



DAYS 3 & 4

We gathered at the outside chapel and Barry read from the Scriptures and we offered our thanks and praise to God for His amazing gifts. Sadly, the rain prevented us from checking out the flowers at Queens's Park, but we were happy to stay dry and enjoy viewing all the flowers on tour. (Spring Bluff had the goods!)

In the afternoon, we enjoyed sharing time together, playing games and making craft. We reflected on our time on camp and the wonderful memories that had been made. We packed up our bags, making sure we didn't lose anything, loaded up the bus and bade farewell to Candace who prayed for us and thanked us for visiting.

If the camp was to be summed up in one word, that word would be JOY! Thanks to all who attended, and to those who worked behind the scenes to make this camp such a wonderful success.

ANGIE O'LEARY
SUPPORT WORKER

MEET THE CARER

GETTING TO KNOW FIONA CLARKE



Fiona has been with us since 2020. She is an energetic carer with a passion for helping people with disabilities live their best lives. Here's a bit about Fiona.

- If you could snap your fingers and become an expert in something, what would it be?
The ability to completely master one's mind.
 - What do you do to turn things around when you're having a bad day?
Practice gratitude, pray, connect with nature, surrender, look for the growth and the beauty in all good and bad times/ days.
 - What's your guilty pleasure?
Chocolate
 - What energizes you outside of work?
Gym, painting/artistic creation jumping in my car and seeing where the wind blows me, dancing, praying in tongues, and all things in nature.
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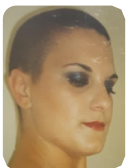
MEET THE CARER

GETTING TO KNOW TERESSA ATHANASIOUS



Teresa (AKA: Tree) is a creative carer at Bethany who enjoys interacting with our participants through arts & crafts, dancing and games. Here's a bit about Teresa.

- What's one thing most people don't know about you?
Some people may already know this, but for those who don't, I shaved my head for charity, which raised more than \$600. People donated money for me not to shave my head,
 - What's something you've done, but will never do again? *My brother, Timothy, said it would be fun to drive back from Geelong to the Gold Coast; express style! That was an 18 hour road trip, NO overnight stay in a motel. It was tough. I will never do that again!*
 - What's the best compliment you've ever received?
My sons say, I'm the best mummy they have ever had. Wait a minute... I'm the only mummy they have ever had
 - What do you do to turn things around when you're having a bad day?
A cup of tea with a slice of lemon meringue pie from 'Coming Home Co' @ Robina Town Centre. Yum!
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SUNDAY AT HOPE CHURCH

Since it began, Bethany has assisted clients to attend Hope Church in Varsity Lakes as part of its Community Access program. While it's never been a compulsory activity, there are quite a few regulars who never miss a service throughout the year.

Here's some client feedback...

I've been coming for 14 years and I think it's fabulous. I love praising God...

The message is interesting; I like coffee at the end and prayer time

I like to take the bus to church, when it's wet I go with the boys as a group. I like that it's God's family, the music is brilliant, I love having communion that's very important to me...



If this sounds like something you would like to participate in please contact the office on (07) 5551 0276.
<https://hopechurchnaustralia.com/>

HOPE COTTAGE—THE FINAL CLEAROUT

In preparation for its demolition and rebuild, Bethany has raided Hope Cottage to salvage any remaining useful items which can be used in the new building. All items have been boxed and labelled and safely transported to a storage facility for quick retrieval when Hope Cottage reopens in July 2022.

We can't wait for you to see Hope Cottage Version 2.0!



About us...

BC Office Team

General Manager

Pene Hodge

Assistant Manager

Ric Kelso

Quality Assurance Coordinator

Brian Lynch

Permanent Accommodation Coordinator

Trevor Judd

Board of Directors

Pastor Justin Reid - Chairperson

Amy Leong - Treasurer

Kerry Lovell - Director

Idris Akintola - Director

We Value Your Feedback!

If you have any feedback on what we are doing well or how we can do things better, please contact us.

This may include any comments or suggestions about any aspect of Bethany service delivery, for example, policy recommendations. Please contact us to share your views. Your input is important to us.

You can provide your feedback through the following channels:

- by post Bethany Care Limited, Box 35 Varsity Lakes Q 4227
- email enquiries@bethanycare.org
- phone 5551 0276
- website www.bethanycare.org, click on "contact us"



Services & Activities

Club BC Tuesday - A fun filled centre based day where anything can happen from a Fiesta themed party to indoor Olympics, home-made baking and a variety of creative projects.

Club BC Thursday - A day of action and adventure out in the community. Whether it is activities in a park or exploring new places everyone has fun.

BC Bowling - Every Saturday our BC team of bowlers heads off for a morning of friendly competition. There is room for you on the team.

BC @ Hope Church - Participants are always welcome to join the Sunday morning church service at Hope Church

BC Camps - Our annual 4 day camp is held every September. Most campers and carers say it's the highlight of their year.

Assistance with Self-Care Activities - We have a team of experienced and trained carers who provide one on one support to help you reach your goals whether in your home or in the community

Supported Independent Living - Bethany Care has two SIL homes, Yodelay for the men and Maidenhair for the women.

Short Term Accommodation - Our wonderful Hope Cottage is currently under renovation but will be open next July better than ever for short stays. In the meantime our carers can provide support in your home.

Support Coordination - Do you need assistance with coordinating all your NDIS supports? Bethany Care has an excellent and experienced Support Coordinator who is available to assist you to navigate your way through the NDIS.

Give the office a call on 5551 0276 if you would like more information about any of these NDIS funded services.

JOIN US AT HOPE CHURCH!

Bethany is a ministry of Hope Church and extends a warm invitation to all individuals & families to join in its dynamic services community events.

Please visit <https://www.facebook.com/hopechurchgc> or

<https://www.instagram.com/hopechurcaustralia/> for updates.

