



BETHANY BUZZ

BETHANY CARE - NEWSLETTER - MARCH - 2021



MARCH 2021

WHO WE ARE

Here's what's inside this edition...

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Our focus at Bethany is to provide quality support services to people with disabilities and their families on the Gold Coast. We want to do what we do well, and action this from our shared belief that all people are of the highest value and deserve genuine love and support to meet their needs.

Bethany Care is a ministry of Hope Church and was established in 1995 on Christian principles to demonstrate love in action to the disability community.

Bethany**CARE**

A WORD FROM BETHANY'S MANAGER

THE HEART OF ANY ORGANISATION

Dear Friends

The heart of any organisation is its people and Bethany Care is no exception. Whether it is the men and women who access our services, family members or staff, the sense of belonging and community is strong.

A highlight of my week is heading downstairs to visit our NRG day program every Tuesday. Last week the participants produced an amazing piece of art which reads We are each Unique and Beautiful, but together we are a Masterpiece. What a wonderful description of who we are. It is featured later in this edition of Bethany Buzz and proudly hung on our office wall.



Speaking of our office, our door is always open and we love visitors. Please ring us or call in if you would like a chat, have any questions, concerns or in need of some support.

We hope to see you sometime.

Penelope

THANKS FOR THE SUPPORT - RED CROSS,

In February Bethany took delivery of 3 boxes of hand sanitisers, which will come in handy for both staff and participants at Bethany.

The boxes were a generous donation from both

- 1) CASSI <https://www.cassi.org.au/>, and
- 2) THE RED CROSS <https://www.redcross.org.au/>

On behalf of the Bethany community,

THANKS FOR THE SUPPORT!



JOIN US AT HOPE CHURCH!

Bethany is a ministry of Hope Church and extends a warm invitation to all individuals & families to join in its dynamic community events.

Please visit <https://www.facebook.com/hopechurchgc> or

<https://www.instagram.com/hopechurchostralia/> for updates.



NEW NAME REQUIRED FOR NRG - WE NEED YOUR HELP!

Its time to change things up a bit...

From its beginnings, NRG activities on Tuesdays and Thursdays have been a great way to connect with each other and the local community.

In recent times the groups have gone from strength to strength, with fun themed days like Harmony Day and Pet Day, and community trips to Broadwater Parkland and the Marian Valley.

While the fun times will continue, we feel the name needs a bit of an upgrade, and that's where we need your help.

If you have any fun creative ideas or suggestions for a new name for NRG give MJ a call on 55510276. She'd love to hear them. The best suggestion gets a prize of 2 tickets to the movies.



HARMONY DAY—PROMOTING CULTURAL AWARENESS

Bethany has recently participated in "Harmony Week", an event about coming together to celebrate the cultural diversity and spreading the message that 'everyone belongs'.

The Bethany community comprises multiple cultures from across the globe. We are proud to have staff, clients and families from such diverse cultures as Czechoslovakia, Philippines, Zimbabwe, Italy, England, and South Africa to name a few. We are proud to see people of different nations get on and enjoy life together.

Those interested in the subject may be interested to know Bethany has a "Cultural Awareness Policy and Procedure" which has been created in accordance with the Multicultural Queensland Charter.

In addition to policy, Bethany keenly supports initiatives like this as it helps the community come together, share, learn and appreciate the diversity that is Australia.

Bringing people together through activities, food, music and entertainment plays an important role in promoting cultural diversity. It creates an opportunity to think, talk about and recognise how our differences and our similarities make Australia a great place to live.



MEET THE CARER

GETTING TO KNOW PAUL ADAMS



Paul has been with us since 2016. He's a popular carer with passion for helping people with a disability live their best lives. Here's a bit about Paul.

1. If you could snap your fingers and become an expert in something, what would it be?

I would love to be able to play a music instrument. especially the drums.

2. If you could write a book about your life, what would the title be and why?

"Here we go again—Only Because I Am". I love to sing but apparently it hurts peoples ears even though I sound like Pavarotti to me when I sing.

3. What's something you saw recently that made you smile?

I was out on NRG Thursday group and one of the participants turned to me and said my name for the first time in 4 years and said I was his friend.

4. When you were a kid, what did you want to be when you grew up?

I always wanted to be a fireman or police officer.

MEET THE BOARD

GETTING TO KNOW AMY CHEN



Amy has been on the Bethany board since November 2009. Her expertise is in commercial law, and has subsequently, worked at the Bond University Law Library to date. She is continuously updated with the current case law, legislation, regulations and is acutely familiar with the legal industry.

1. What's one of your favourite memories from the past year?

Gathering together with cousins at my grandma's place (ten siblings' children)

2. What's something you saw recently that made you smile?

Cute mushrooms were popping up everywhere out of control, including the lawn due to the wet weather.

It always brings a smile when I notice one.

3. What's something you've done, but will never do again?

Hot Air Balloon ride. I like it. I just won't do it again as I want to save up to do many more exciting things.

4. What's something—big or small—that you're really bad at?

Directions. I can repeat the wrong route a few times before getting it right.

5. What's the best advice you were ever given? Who was it from?

Start savings from young, from my mum.

MAINTENANCE POLICY

To help ensure the delivery of high quality services is maintained throughout each accommodation site, Bethany is currently drafting a Maintenance Policy. While it is easy to lose track of maintenance issues and necessary repairs, Bethany understands there is a need for a more systematic approach. The main features of the policy will include

- A rating system, where maintenance requests are ranked in order of urgency.
- Each rating will have a suggested timeframe for repair or replacement completion.
- A new maintenance register to effectively log maintenance issues.



Aside from monthly safety audits, it is proposed there will be property audits which will consider more extensive building features such as, concrete driveways, brickwork, landscaping, guttering etc.

This new policy will lead to an improved resident experience at each property, for both participants and support workers alike.

TRAINING HOPE COTTAGE STUDENTS

Bethany is committed to helping people acquire professional knowledge and skills that benefit people with a disability and people requiring aged care.

We have recently been asked to share our expertise with the local community by facilitating training sessions for Certificate 3 students from Hope College.



Students were able to learn from Bethany's wide ranging experience on a range of subjects including manual handling, personal care and behaviour support. The training involved practical hands on demonstrations to upskill students for future employment. For further information visit <https://hopecollege.com/>

COVID-19 - VACCINATION ROLLOUT

Bethany has recently been contacted by the Queensland Government regarding COVID-19 vaccinations for our residents at Yodelay and Maidenhair permanent accommodation sites.

They are also offering vaccines for all Bethany staff who would like to volunteer to have it. Consent forms have been circulated to all parties accordingly.

Although we don't currently have a definite vaccination date it is likely to be within the next 3-4 weeks.

The Government has not made it mandatory and it is entirely your choice if you want to have the vaccination.



Contact us...

BethanyCARE

Bethany Office Team

Service Manager
Pene Hodge

Assistant Manager
Ric Kelso

Quality Assurance Coordinator
Brian Lynch

Permanent Accommodation Coordinator
Trevor Judd

Finance Coordinator
Maryanne Verrico

Board of Directors

Pastor Justin Reid

Rev Dr Paul Allen

Mrs Amy Leong

Mrs Kerrie Lovell

Mr Johnston Yap

Feedback

We value your feedback!

If you have any feedback on what we are doing well or how we can do things better, please contact us.

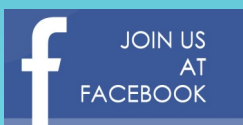
This may include any comments or suggestions about any aspect of Bethany service delivery, for example, policy recommendations. Please contact us to share your views. Your input is important to us.

You can provide your feedback through the following channels:

- by post Bethany Care Limited, Box 35 Varsity Lakes Q 4227
- email enquiries@bethanycare.org
- phone 5551 0276

Admin Office

5551 0276



<https://www.facebook.com/BethanyCareLtd>

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